

Gloria VanBree, PhD

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Menlo Park, California 94025

(650) 964-7774

EXPERIENCE AND CREDENTIALS

Private Practice--Menlo Park, CA (1989-present)

General clinical practice with adults; individuals and couples, dealing with a wide range of concerns. Typical client issues include depression, anxiety, grief, trauma, and difficulty in personal and workplace relationships. Areas of specialization are transformational change, necessary at each life stage and the spiritual journey.

Clinical Associate, The Addictions Institute—Menlo Park, CA (1990-present)

Treatment of all phases of addiction from active use to ongoing recovery. Consultation with families regarding addicted family members.

Clinical Associate, The Couples Institute-Menlo Park, CA (1989-99)

Work with couples in all phases of relationship development and dealing with wide range of issues.

Staff Psychologist, Coordinator of Recovery Groups, Stanford Alcohol & Drug Treatment Center, Stanford University Medical Center.—Stanford, CA (1986-89)

Clinical services to recovering persons, individuals and groups; Family/Co-Dependent counselling and ACA groups.

EAP Consultant/Division Manager, Counseling & Counsulting Systems—Santa Clara, CA (1984-86)

External board brush EAP; assessment and short term counselling; consulting to individual and corporate clients; education and training on EAP use, as well as psychological/work related issues; supervision of staff.

Program Director & Treatment Supervisor, Griffin House—San Luis Obispo, CA (1977-84)
Establishment of licensed residential treatment program for youth; contract services to San Luis Obispo Mental Health; direct service to families and children with coordination to courts and county agencies.

Consultant, U.S. Department of the Interior, Bureau of Reclamation—Boise, ID (1981-84)

Management training/leadership workshops designed to develop interpersonal and communication skills.

Counselor, University Counseling Center, California Polytechnic State University.—San Luis Obispo, CA (1978-81) Personal counselling and career planning with individuals and groups.

Instructor, Human Development Department, California Polytechnic State University-—San Luis Obispo, CA (1979) Classroom instruction on family and crisis issues.

Psychological Services Associate II, Lehigh County Mental Health--Allentown, PA (1975-77)

Crisis intervention services to individuals, worked with community agencies and organizations providing direct service and education; duties included evaluation of competency and court testimony in commitment hearings.

Community Educator, Family Counseling Services—Bethlehem, PA (1974-75)

Needs assessment, planning and coordinating services at community service center, including community organization, direct counselling service, administration and supervision.

Vocational Rehabilitation Counselor-Daytona Beach, FL (1971-75)

Direct services to a wide range of individuals with physical, psychological and social disabilities including drug and alcohol issues. Work with business community to facilitate job development and placement.

EDUCATION

Psychologist, California License Number PSY 10608

BodySoul Rhythms® Leadership Training Program

Post Doctoral Internship (1985-86), Stanford Alcohol & Drug Treatment Center, Stanford University Medical Center, Stanford, CA

Ph.D. (1985), Clinical Psychology, The Fielding Institute, Santa Barbara, CA

M.Ed. (1971), Counseling & Education Psychology, Pennsylvania State University at Kutztown, PA

B.A. (1969), Liberal Arts, Drew University, Madison, NJ

ORGANIZATIONS
Member of APA
The Marion Woodman Foundation
AGPA -- past member